

Indoor Youth League Rules/ Information Revised November 2012

In order to register a team for a session, a non-refundable deposit of \$300.00 is required. In the event that a team is not placed in a league, the amount paid including the deposit will be refunded or credited. **If, at any time, a team chooses to drop out from a league, all monies paid will be forfeited. If a team is dropped by International Sports Centre, no monies will be refunded and every effort will be made to replace the dropped team.**

Number of Players on a Roster

You must have a minimum of 11 players (10 for U8 & U9) and a maximum of 14 players on your roster. Rosters are due at the scheduled registration date. Once a player has been deleted from a roster, the player is ineligible to compete in that league for the remainder of the session. A player must be registered on an official International Sports Centre roster. A team using an illegal or unregistered player or players must drop those players from the roster before the start of the next game. Your team will not be allowed to forfeit future games due to illegal players and the team must continue to play out the season.

Number of Players on the Field

U12 and under; 7 v 7 (including keeper)

U13 and up; 6 v 6 (including keeper)

Eligibility

To be eligible, all youth players must be in good standing with International Sports Centre and have a valid NJYSA player pass. All league suspensions carry over from the past session. International Sports Centre shall determine which players and teams are in good standing. Proof of age must be shown within 48 hours to International Sports Centre when requested. For adult teams, all players must be the required age at the start of the current session. For youth divisions, International Sports Centre will adhere to the USYSA age guidelines.

Coaches are solely responsible for insuring that all players fulfill the age eligibility requirements for their team. In the event that a player is deemed ineligible, no refund or credit will be issued. In the event a coach is found using ineligible players intentionally, International Sports Centre reserves the rights to take suspension action against the coach and the players involved.

To insure the safety and protection of all the players in our adult divisions, players must be sixteen (16) years of age or older. If a player is under the age of eighteen (18) and wishes to play in an adult division, that player and his/her parent must sign a consent and release form. It is still the manager's final discretion as to whether or not that player may participate in the league.

Uniforms

All players must wear shirts of the same color and the goalkeeper must wear a color that will distinguish him/her from the field players on both teams. No uniform shirts, shoes, or socks will be allowed displaying any foul language. All jewelry will be removed or covered with tape for safety of all players. Earrings and neck chains must be removed. In the event that they are not removed, players assume all liability for injury caused by these articles. If leg or arm braces must be worn, all metal areas must be covered with a bandage or rubber covering. Shin guards are mandatory for all players!

The only shoes that will be permitted on the field will be either smooth soled sneakers, indoor soccer shoes, or turf shoes. Molded cleats or screw-in studs are not acceptable, including football athletic shoes. It does not matter how filed down these types of shoes are, they are still illegal.

Bench Areas

Only team players and two coaches will be allowed in the bench area. All teams aged U19 and below must have an adult present on the bench during all games. If the registered coaches cannot attend – they must notify the League Director prior to attending the game of the adult who will stand in. Absolutely no food or drinks will be allowed in the bench area, excluding water and/or sports drinks. Absolutely no smoking or alcoholic beverages are allowed in the building or on the premises of the property.

Bad Weather

International Sports Centre will be open and league play will be held unless it is impossible for our staff to make it into the building. Any games that are rescheduled due to the weather will be at the discretion of management. No refunds will be issued. International Sports Centre reserves the right to reschedule these games on days that teams may not have registered for. We will post any cancellations on our website www.intsports.com – closing and cancellations immediately. We will also make every effort to contact coaches.

All scores are posted by Tuesday each week for the previous week. We do not keep standings or issue awards to the winning teams.

League Standings – (Adults Only)

The following system will be used to determine position:

1. Points: 3 for a win or forfeit, 1 for a tie, and 0 for a loss.
2. Head to head competition between the teams that are tied.
3. Goals Against
4. Goals Score

Game Duration

All youth games will consist of two 20-minute halves. Two 25-minute halves will be played for adult teams. The clock will run continuously except in the case of serious injury or when the referee deems it necessary to stop the clock. No time-outs may be called by any team. Youth games are designated to a 45-minute time slot while adults have a 55-minute time slot. No warm-up time will be permitted prior to or during the half of each game. The clock will start promptly at the designated game time and will not be delayed due to lack of players for one or both teams.

Substitutions

All substitutions will be made through the field doors. Jumping over boards may result in a two-minute penalty. Be advised that the referee will not hold up in order to allow a substitution on the fly when a non-time penalty has been called. Once the ball is placed ready for play, the referee will start the five-second count and/or the opposing team may place the ball in quickly. It is your responsibility to make certain that you have the proper amount of field players on the field. Substitutions will be allowed on the fly before a kick-in, after the ball has left the field of play, after a goal has been scored, after a time penalty has been called, and to replace an injured player.

Restarts

In the event that the referee stops the game for an official time-out, the team with possession will restart the game with the ball. If no clear possession can be determined, a drop ball will commence play. Possession will be determined by who had possession at the time of stoppage or by who played the ball last and to who it was going to. If play is stopped due to an injury, the injured player must leave the field of play before play can resume.

Slide Tackling

Slide tackling is prohibited in all leagues. This rule also applies to the goalkeeper if it is the judgment of the referee that the goalkeeper, while sliding for the ball, puts himself/herself or any other player in a dangerous play. It is not an automatic dangerous play or a slide tackle if in the judgment of the referee, a player while on the ground playing the ball is not putting him/her self or any other player in dangerous position.

Referees

We ask that you keep in mind that referees are on the field to officiate the game by using a set of prescribed rules set out by the facility management. At times, their interpretation of the rules may differ from yours. The referees are instructed to officiate in the best interests of both teams and the facility, whereas your interests are solely concerned with your team. Please do not expect an International Sports Centre manager to either remove a referee or alter his/her administration of the game. Referee assessment forms are available for coach's evaluations of the referees and the management team is continuously evaluating the referees.

Ball Striking Netting

When a ball strikes the netting surrounding the field it is considered a dead ball. A kick-in will restart the game. If it hits the steel or a light above the field a one-minute penalty will occur and the ball will be placed where it was kicked from. If the ball hits the net above the goal it will be a corner or goal kick.

Ball Striking Ceiling and Lights

When a ball strikes the ceiling or light fixture, it is considered a dead ball. The player kicking the ball will be sent off of the field for a one (1) minute penalty. If, in the opinion of the referee, a deflection caused the ball to hit the ceiling/light, then no one-minute penalty will be given. A free kick from the spot where the ball was last touched will be given to the opposing team.

Illegal Players

Roster checks may be requested by contacting the staff member on duty. The staff member will not stop the game to pursue a roster check. If it is clearly ascertainable that the protested player did play in the game concerned then the protest will be upheld. Requests for roster checks should be made while the game is in progress.

In all divisions, the players must adhere to the leagues age requirements to be a legal player. Any team found using illegally-aged players must drop those players from the roster. In the event that an entire team or a substantial part of a team is found to be illegally-aged, then those players must be dropped from the team or the entire team will be dropped from the league. It is the coach's responsibility to make certain his/her team adheres to all age rules. A team found using an illegal player(s) will forfeit the games the player has played in. It has no bearing as to the length of time the child played. No refunds will be issued when the players or team have been dropped from the league.

Forfeits

In the event of a forfeit, a score of 4-0 will be awarded to the winning team. If at any time during the game a team decides to forfeit the game, the winning team will receive either a 4-0 score or the score at the time of forfeit, depending on which is the greater score. In the event that a game is terminated due to the misconduct of one team, the other team will record a 4-0 score or current score or current score at termination time, whichever is greater. No refunds of monies will be made. In the case that a game is terminated due to the misconduct of both teams, each team will receive a losing score of 4-0 on their records. All forfeits due to no-shows, illegal players, disciplinary action by management. Non-payment of fees, or other causes will be recorded as 4-0 losses. No refunds or credits will be issued for forfeit under any circumstances.

Protests

Protests may only be submitted in writing by the coach of the team. A \$100.00 cash bond must accompany the written protest. The protest must be made within 24 hours from the game being protested. If the protested incident is upheld, the cash bond will be forfeited. There is no protest of a referee's judgment call. No cash bond, no protest. Nonpayment of fees or other causes will be recorded as 4-0 losses. No refund or credit will be issued for any cancellation or forfeit.

Rescheduling

We will make every effort to reschedule games but cannot guarantee that we will be able to do this. The following conflicts do not constitute legitimate excuses: coach out of town, other sports activities, unavailable players, out of town tournaments, late games, etc. If a scheduling problem is created by the International Sports Centre staff, those games will be made up at a scheduled time for both teams based on field time availability. If those teams involved in the rescheduled game cannot make the new assigned time, the time canceling the make-up game will forfeit to the opposition. We accept special requests prior to scheduling but cannot guarantee them. Please make every effort to make any special requests prior to the registration date of the league.

Red Cards

A player or coach receiving a red card during a game may not participate in the remainder of the game and shall be suspended from league play for a minimum of two scheduled games. There will be a five-minute bench penalty and the red-carded player/coach must leave the bench area. The coach and the red-carded player must call in the following day and speak with a manager to check if any further suspension shall apply. In any case, the responsibility for the red card is placed on the offending player/coach; therefore, no refunds will be issued. A red card to the coach of the team will result in a field player serving the five-minute penalty. A parent or a substitute coach must serve in the place of the coach of the remainder of the game. Please note that profanity or abusive language could be an automatic red card.

Scheduling of Youth Games

All weeknight youth games (Monday through Thursday) will be scheduled at 6:00, 6:45 or 7:30 pm. Saturday and Sunday youth games can run anywhere from 7:00 am up to midnight. Only High School teams will play games on Friday, Saturday and Sunday after 10:00 pm. Last game taps off at 11:15 or 11:30 pm. We will make every effort to make sure that all teams only have two 7:00 am or 7:30 am games.

IMPORTANT RULES TO REMEMBER:

1. All free kicks are direct; including the restart after a goal is scored.
2. The goalkeeper will be allowed to change on the fly. In the event you decide to change your goalkeeper, the clock will not be stopped. You must have the replacement goalkeeper in uniform on the bench ready to go in at the next substitution opportunity.
3. All goals are worth one point; the arc line does not pertain to youth leagues.
4. Home team supplies the game ball.
5. All comments and attention of the coaches must be directed to the players on the field in a positive way.
6. Players have the right for coaches to behave in a responsible adult manner and to help the players advance their knowledge and abilities in the game of soccer.
7. The management will stop any game they feel is getting out of control and may cause an injury. Coaches will be given a verbal warning before the referee or manager terminates the game.
8. Cleats are not permitted on the field. Please have your players' wear indoor shoes or sneakers. No exceptions!!
9. All players must hold a current year player pass, or indoor pass, with a photo. Non-member players will be able to purchase state indoor passes through International Sports Centre for \$10.00 per year (August 1- July 31). This fee provides insurance through the state and insures that NJYSA and all players are property covered by the insurance program. Please check with your township to ensure that your players/leagues are registered USYSA members!
10. If you are requesting a pass, please include the \$10 fee, a copy of the player's birth certificate, his/her address, phone number, and picture.
11. Only registered players are allowed on the field.
12. Any vandalism done to the building or property of ISC will result in being banned from the building for life.
13. If you fight, you will be banned from the ISC building for life!

Please direct any questions or concerns to:

Lynne Prairie Coates – Youth Leagues – 856-273-2828 – lynne@intsports.com